

# Things to bring to Camp Vista

(suggested list)

- long sleeve shirts
- short sleeve shirts
- shorts
- long pants
- sweat pants & sweat shirts
- pajamas & slippers
- socks (many pairs)
- undergarments
- towels (bathroom & beach)
- shower supplies (shampoo, conditioner, etc.)
- raincoat
- sunglasses
- swimsuit (girls: one piece or with a cover up)
- hat
- pen, notebook, Bible,
- Sleeping bag, pillow, bed sheet
- sunscreen
- bug spray
- two pairs of shoes (flip flops, gym shoes, etc.)
- small backpack
- any necessary medication
- you may, but are not required to, bring a camera, a watch, and a flashlight
- on the way there, we suggest to bring drinks and snacks
- an outfit for Thursday's dance and Friday's talent show (Please remember that this is a religious camp; dress appropriately)
- laundry bag
- other things and clothes that you might need that were not listed
- \$25-\$35 (not more) - Money for shirts, sweatshirts and souvenirs, canteen, crafts, the use of a washer dryer (bring at least \$5 worth in quarters and many \$1 bills)

## **DO NOT bring !!!**

[ ] cell phones !!! Dear Parents, - we kindly ask you to make sure that your children do not have cell phones with them. Cell phones at the camp make it difficult for the camp leaders to manage the group. Children with cell phones often text/talk on the phone with each other during their play time or during their rest time at night, which frequently requires the leader's intervention. In addition, children with 'cell phones' are in a constant contact mainly with their friends from school, neighborhood or family, and they are losing interest in the camp program and/or not willing to make new friends. There is a stationary phone in our facility that they can use for free

[ ] clothes promoting inappropriate images, e.g. violence, alcoholic beverages, etc

[ ] drinks in glass bottles, chewing gums, energetic drinks;

[ ] fireworks: Attention! If a child wants to bring fireworks to the camp (for example, to use on July 4) - please give it to camp organizers before the camp starts

[ ] audio recorder, video, radio, computer, communication devices, etc

[ ] No piercing for boys allowed. For girls only ear piercing is allowed. It will help us to eliminate the easiest way of catching attention by others

[ ] other things that might disturb the camping program